# **Families in Economically Hard Times**

This page intentionally left blank

# Families in Economically Hard Times: Experiences and Coping Strategies in Europe

**EDITED BY VIDA ČESNUITYTĖ** *Mykolas Romeris University, Lithuania* 

**GERARDO MEIL** Autonomous University of Madrid, Spain



United Kingdom - North America - Japan - India - Malaysia - China

Emerald Publishing Limited Howard House, Wagon Lane, Bingley BD16 1WA, UK

First edition 2020

© 2020 by Emerald Publishing Limited. Selection and editorial matter © Vida Česnuitytė & Gerardo Meil, under an exclusive licence. All rights of reproduction in any form reserved.

#### Reprints and permissions service

Contact: permissions@emeraldinsight.com

No part of this book may be reproduced, stored in a retrieval system, transmitted in any form or by any means electronic, mechanical, photocopying, recording or otherwise without either the prior written permission of the publisher or a licence permitting restricted copying issued in the UK by The Copyright Licensing Agency and in the USA by The Copyright Clearance Center. Any opinions expressed in the chapters are those of the authors. Whilst Emerald makes every effort to ensure the quality and accuracy of its content, Emerald makes no representation implied or otherwise, as to the chapters' suitability and application and disclaims any warranties, express or implied, to their use.

#### British Library Cataloguing in Publication Data

A catalogue record for this book is available from the British Library

ISBN: 978-1-83909-072-1 (Print) ISBN: 978-1-83909-071-4 (Online) ISBN: 978-1-83909-073-8 (Epub)



ISOQAR certified Management System, awarded to Emerald for adherence to Environmental standard ISO 14001:2004.



Certificate Number 1985 ISO 14001

### **Table of Contents**

List of Figures	vii
List of Tables	xi
List of Abbreviations	xiii
About the Contributors	xv
Preface	xix
<b>Introduction</b> Vida Česnuitytė and Gerardo Meil	1
Part I: Economic Hardships Experienced by Families	
Chapter 1 What Are the Family Characteristics That Better Help To Cope with the Economic Crisis? Evidence from a Large Population Survey in Italy Sara Mazzucchelli and Miriam Parise	9
<b>Chapter 2</b> Social Inequality and Intergenerational Solidarity in European Welfare States Ronny König, Bettina Isengard and Marc Szydlik	31
<b>Chapter 3</b> The Influence of Children on Inequality in Employment between Men and Women: The Case of Spain Diego Dueñas Fernández and Almudena Moreno Mínguez	53
Chapter 4 Material Deprivation and Personal Wellbeing of Single Mothers in Lithuania	73

Aušra Maslauskaitė and Ernesta Platūkytė

Part II: Families' Strategies against Economic Hardship
---

<b>Chapter 5</b> Expectations and Reality of Support Sharing within Personal Networks in Economically Hard Times: The Case of Lithuania Vida Česnuitytė and Eric D. Widmer	101
<b>Chapter 6 Deprivation and Transfers between Three Generations:</b> <b>A Regional Analysis Across Europe</b> <i>Christian Deindl and Martina Brandt</i>	129
<b>Chapter 7</b> Here to Stay? Intergenerational Spatial Proximity in Europe Bettina Isengard, Ronny König and Marc Szydlik	145
<b>Chapter 8 Below the Breadline: Families and Food in Austerity</b> <b>Britain</b> <i>Rebecca O'Connell, Abigail Knight and Julia Brannen</i>	167
<b>Chapter 9</b> Mothering and Food Acquisition in Times of Austerity: Individual versus Collaborative Responses in the UK and Italy Benedetta Cappellini, Vicki Harman, Alessandra Marilli and Elizabeth Parsons	187
<b>Conclusions: Lives of Families in Face of Economic Crisis in Europe</b> <i>Gerardo Meil and Vida Česnuitytė</i>	201
Index	209

# **List of Figures**

Figure 1.1	Levels of Couple Satisfaction in the Two Groups.	16
Figure 1.2	Levels of Co-parenting in the Two Groups.	17
Figure 1.3	Levels of Primary Social Capital in the Two Groups.	17
Figure 1.4	Levels of Secondary Social Capital in the Two Groups.	18
Figure 1.5	Levels of Trust in Institutions in the Two Groups.	19
Chapter 2		
Figure 2.1	Proportion of Functional Solidarity from Parents to Adult Children in Europe.	39
Figure 2.2	Proportion of Functional Solidarity from Adult Children to Parents in Europe.	40
Chapter 3		
Figure 3.1	Percentage of Men and Women Aged 25 to 49 Years Who Live as Couples with and without Children.	56
Figure 3.2	Percentage of Families by Number of Children; Men and Women Aged 25 to 49 Years Who Live as Couples with Children.	57
Figure 3.3	Percentage of Families by Age of Youngest Child; Men and Women Aged 25 to 49 Years Who Live as	
Figure 3.4	Couples with Children. Type of Relationship with Work. Men and Women Aged 25 to 49 Years Living as Couples with and without Children.	58 60
Figure 3.5	Reasons for Continuing to be Inactive: Care of Children or Adults Who Are Sick, Disabled or Elderly, and Other Personal and Family Responsibilities. Men and Women Aged 25 to 49	
	Years Who Live as Couples with Children.	61

Figure 3.6	Level of Education in Relation to Work. Men and Women Aged 25 to 49 Years Who Live as Couples with and without Children.	62
Figure 3.7	Average Hours per Week Devoted to Main Employment by Men and Women Aged 25 to 49 Years Who Live as Couples with and without Children.	63
Figure 3.8	Workers Who Would Like to Work Fewer Hours in Exchange for a Reduction in Salary. Men and Women Aged 25 to 49 Years Who Live as Couples with and without Children.	63
Figure 3.9	Percentage of Part-time Workers. Men and Women Aged 25 to 49 Years Who Live as Couples with and without Children.	64
Figure 3.10	Reason for Having a Part-time Job. Men and Women Aged 25 to 49 Years Who Live as Couples with Children.	65
Figure 3.11	Percentage of Employees in the Public Sector. Men and Women Aged 25 to 49 Years Who Live as Couples with and without Children.	66
Chapter 4		
Figure 4.1	Cumulative Percent ever 'Parent and not in a Union' (Single Mother), Women, Selected European Countries.	77
Figure 4.2	Single Adult with at Least One Child, At-Risk-of- Poverty (before and after the Social Transfers), 2006–2015, Lithuania.	78
Figure 4.3	Components of Material Derivation in Single Mother Households.	82
Figure 4.4	Single Mothers' Psychological Wellbeing, Statements of Shorten Depression Scales.	87
Figure 4.5	Assessment of the Parenting Stressors.	90
Chapter 5		
Figure 5.1	Distribution of Experienced Difficult Situations by Birth Cohort.	110
Figure 5.2	Distribution of Those Who Experienced Problematic Situations by Types of Problems.	110
Figure 5.3	Distribution of Answers on from Whom Respondents Expect Help and Support in Case of Sudden Need or Problem.	113

Figure 6.1	Overview of Transfers Flows and Influences.	134
Figure 6.2	Intergenerational Transfers.	135
Figure 6.3	Intergenerational Transfers and Deprivation.	135
Chapter 7		
Figure 7.1	Intergenerational Geographical Distance in	
	Europe.	154
Figure 7.2	Changes in Intergenerational Geographical	
	Distance.	155
Chapter 8		
Figure 8.1	Proportion Spending below the Food Budget	
	Standard for Working-age Households with	171
	Children, 2005–2013.	1/1

This page intentionally left blank

## List of Tables

Table 1.1	Description of the Two Groups Created Depending on the Economic Condition (Save Money vs Fall	
	into Debt).	15
Table 1.2	Structural Characteristic of the Two Groups (Save Money vs Fall into Debt).	16
Table 1.3	Results of Regression on Structural Characteristics.	20
Table 1.4	Results of Regression on Relational Characteristics.	20
Table A1	Sample Composition.	26
Table A2	Variables and Operationalisation.	27
Chapter 2		
Table 2.1	Social Inequality and Top-down and Bottom-up Solidarity in Europe.	41
Chapter 3		
Table 3.1	Percentage of Part-time Employment for Men and Women Aged 25 to 49 Years by Number of Children below Six Years, 2017.	54
Chapter 4		
Table 4.1	Mean Values for Index of Material Deprivation. One-factor Analysis of Variance (ANOVA).	84
Table 4.2	Standardised Beta Coefficients for Index of Material Deprivation. Linear Regression Models.	85
Table 4.3	Mean Values for Depression Index. One-factor Analysis of Variance (ANOVA).	88
Table 4.4	Standardised Beta Coefficients for Depression Index. Linear Regression Model.	89
Table 4.5	Odds Ratios for Parenting-related Stress.	92

Table 5.1	Distribution of Answers on Interpersonal Sharing of Help and Support within Personal Network.	114
Table 5.2	Characteristics Related to Interpersonal Sharing of	117
1000 5.2	Help and Support within the Personal Network.	116
Table 5.3	Factors Structuring Personal Investments. Results of Factor Analysis, When Selection Variable – Receiving by Ego Services and Care from the	
	Members of Personal Network.	119
Table 5.4	Interrelation between Family Practices and Received	
	by Ego Help and Support within Personal Network.	122
Chapter 6		
Table 6.1	Multilevel Binary Logit Models.	137
Table A1	Sample Characteristics.	142
Table A2	Country Characteristics.	144
Chapter 7		
Table 7.1	Changes in Intergenerational Geographical Distance in Europe: Determinants.	157
Chapter 8		
Table 8.1	Lone vs Dual Parent Households in the London Borough and Coastal Town.	173
Table 8.2	Mother's Ethnicity/Country of Origin in the London Borough and Coastal Town.	174
Table 8.3	Dimensions of Food Poverty Experienced by Adults and Children.	175

## **List of Abbreviations**

ADLs	Activities of Daily Living
A-MDS	Adapted Material Deprivation Scale
CAPI	Computer-Assisted Personal Interviewing method
CEE	Central-Eastern Europe
CES-D	Center for Epidemiologic Studies Depression scale
DF	Depressive Feelings
DI	Depression Index
ERC	European Research Council
ESA	Employment Support Allowance
EU	European Union
Eurostat	European Statistics
EU-SILC	European Union survey of Social Inequality and Living Conditions
EVS	European Values Study
FBS	Food Budget Standard
FSC	Family Social Capital
GDP	Gross Domestic Product
HBAI	Households Below Average Income
HRS	Health and Retirement Study
IADL	Instrumental Activities of Daily Living
IMD	Index of Material Deprivation
ISCED	International Standard Classification of Education
ISTAT	Italian National Institute of Statistics
JSA	Jobseeker's Allowance
LCFS	Living Costs and Food Survey
MD	Material Deprivation

MIS	Minimum Income Standard
NUTS	Nomenclature of Territorial Units for Statistics
OECD	Organisation for Economic Co-operation and Development
PiP	Personal Independence Payment
PRS	Parenting-Related Stress scale
SC	Social Capital
SD	Standard Deviation
SHARE	Survey of Health, Ageing and Retirement in Europe
UK	United Kingdom
UNECE	United Nations European Commission of Economics
WWII	Second World War

### About the Contributors

**Prof. Martina Brandt** is Professor for Social Structure and Sociology of Ageing Societies at TU Dortmund (Germany). She was Assistant Coordinator (Research) of the European SHARE project and currently leads an international ORA project on inequalities in care and wellbeing. Her quantitative research focuses on ageing, family, health and social inequality.

**Prof. Julia Brannen** is Professor of the Sociology of the Family at the Thomas Coram Research Unit, UCL Institute of Education, and fellow of the Academy of Social Science (UK). She has an international reputation for research on methodology, the lives of children and young people in families, work–family life and intergenerational relationships. Recent books include *Fathers and Sons* (2015), and *Social Research Matters* (2019).

**Dr. Benedetta Cappellini** is a Professor of Marketing at the University of Durham (UK). Her research falls broadly into the areas of consumer culture, critical marketing and sociology of consumption. Topics she has recently studied include food cultures, meal practices, austerity, intensive mothering and domestic violence. She has published in journals such as *Journal of Business Research*; *Journal of Marketing Management; Consumption Markets and Culture; Sociology; Sociology of Health and Illness* and the *Sociological Review*. She has co-edited books on the practice of the meal and mothering and food consumption.

**Dr. Vida Česnuitytė** is Associated Professor of the Sociology at Mykolas Romeris University (Vilnius, Lithuania). With over 15 years in various positions she has participated in research projects. Main research interests concern family conceptualisation, family practices, family quality life, social policy, and social research methods. Individually or in co-authorship she has published over 20 articles, book chapters and books in Lithuanian and English.

**Dr. Christian Deindl** is Postdoctoral Researcher at the Institute of Medical Sociology at the Heinrich-Heine-University Düsseldorf (Germany). He is involved in projects involving the harmonisation of ELSA and SHARELIFE, employment in old age and inequality in care. His research covers intergenerational relations, family sociology, health, employment and life course research.

**Prof. Diego Dueñas Fernández** is Professor in the Department of Economics at the University of Alcalá (Madrid, Spain). He was awarded the prize for extraordinary

doctorate in the year 2012 at the University of Alcalá. His line of research focuses on issues of gender in the labour market, topics of analysis regarding labour segregation and wage discrimination.

**Dr. Vicki Harman** is a Senior Lecturer in Sociology at the University of Surrey (UK). Her research interests include family life, gender, food practices and social inequalities. Her research has been published in journals including *Sociology*; *Sociology of Health and Illness; Families, Relationships and Societies; International Journal of Consumer Studies; Young Consumers*; the *European Journal of Marketing* and *Ethnic and Racial Studies*. She is the co-editor of *Feeding Children Inside and Outside the Home: Critical Perspectives* (Routledge, 2019).

**Dr. Bettina Isengard** is Senior Research Associate at the Institute of Sociology, University of Zurich (Switzerland) and a member of the research group 'LAbour, Generation, Stratification' (AGES). She has a PhD in Sociology of the University of Mannheim, Germany. Current research activities include studies about generations, social structure and inequality.

**Dr. Abigail Knight** is Lecturer in Sociology at the Thomas Coram Research Unit, UCL Institute of Education (UK). As well as teaching, she is a qualitative researcher with children and families and has researched and written widely on the lives of young people in care, children with disabilities and families living in poverty.

**Dr. Ronny König** is Graduate Research Assistant at the Institute of Sociology at the University of Zurich (Switzerland) and member of the research group 'LAbour, Generation, Stratification' (AGES). He has a PhD in Sociology at the University of Zurich since 2015. His main research interests are social inequality, stratification and intergenerational relationships.

**Dr. Alessandra Marilli** is a Post-Doctoral Researcher at the Department of Sociology and Political Studies, University of Florence (Italy). Her research interests are media consumption, media representation of gender and ethnicity and family consumption. She held various research and teaching positions at the University of Florence. She has just concluded a European Union–funded research project on the Italian media representations of immigrants.

**Prof. Dr Aušra Maslauskaitė** is Professor of Sociology at the Department of Sociology, Vytautas Magnus University (Kaunas, Lithuania) and Senior Researcher at Lithuanian Social Research Center. Her research interests include family demography and family sociology. She works on issues related to family formation and dissolution, causes and consequences of divorce, families and inequalities, gender and intergenerational relationships.

**Dr. Sara Mazzucchelli** is an Assistant Professor in Family Sociology at the Faculty of Psychology and collaborates with the Family Studies and Research University Centre (Italy). Her research focuses primarily on family–work

reconciliation and corporate welfare; the socio-cultural transformations of the family; social policies and services for the family. She teaches Sociology of cultural and communication processes and Sociology of cultural welfare processes.

**Prof. Gerardo Meil** is Professor at Autonomous University of Madrid (Spain), and former President of the European Society on Family Relations. His research fields include family lives, balancing working and private lives, gender studies, domestic violence, new family forms, job mobility, social policies and family policies. His research has been funded in competitive calls by the regional government of Madrid, the Spanish Ministry of Education and/or Science, the European Union and private institutions. He has published scientific articles, book chapters and books in Spanish, English, German or French.

**Prof. Almudena Moreno Mínguez** is Professor in Sociology at the University of Valladolid (Spain). She is a specialist in family issues, welfare state, public policies and comparative research on gender. Her research work has been recognised with the International Award for Young Sociologists, given by the International Sociological Association.

**Dr. Miriam Parise** is Post-Doc Researcher in Social Psychology at the Family Studies and Research University Centre of the Università Cattolica del Sacro Cuore of Milano (Italy). Her research focuses primarily on the couple relationship, which she studies from a psycho-social perspective. She teaches 'Psychology of groups' and 'Psychology of educational contexts: juridical and social aspects' at the Faculty of Educational Sciences at UCSC-Brescia and UCSC-Piacenza.

**Prof. Elizabeth Parsons** is a Professor of Marketing at the University of Liverpool Management School (UK). She is interested in consumer culture and critical marketing. Recent topics include food poverty, food and family and marketplace exclusion. Her approach to research is interdisciplinary and she has published in *Sociology; Sociology of Health and Illness; Organization Studies* and the *Journal of Consumer Culture*. She is co-editor of the journal *Marketing Theory* which publishes critical and alternative perspectives on markets and consumption.

**Ernesta Platūkytė** is a PhD student in Sociology at Vytautas Magnus University (Kaunas, Lithuania) since 2013. In 2004, she graduated from Vilnius University, and obtained a Master's degree in Social Work. Between 2004 and 2006 she was PhD student in social work at Lapland University. Her research interests concern sociology of family.

**Dr. Rebecca O'Connell** is a Reader in the Sociology of Food and Families at the Thomas Coram Research Unit, UCL Institute of Education (UK). She is co-author, with Julia Brannen, of *Food, Families, and Work* (2016) and Principal Investigator of the European Research Council–funded study, Families and Food in Hard Times.

**Prof. Marc Szydlik** has been a full Professor of Sociology at the University of Zurich (Switzerland) since 2004. He previously worked at the German Institute for Economic Research, the Max-Planck-Institute for Human Development, the Free University of Berlin and the University of Erfurt. He recently directs the research group 'LAbour, Generation, Stratification'.

**Prof. Eric D. Widmer** is Professor at the School of Social Sciences of the University of Geneva (Switzerland), and a member of the board of I-DEMO. His long-term interests include intimate ties, family and other interpersonal relations, life course research and social networks. Along with others, he has been developing for two decades research on families in configurational perspective. He is an active member of NCCR lives, and the author of numerous books and research papers.

### Preface

The edited collection *Families in Economically Hard Times: Experiences and Coping Strategies in Europe* was initiated by the members of the European Sociological Association's Research Network 'Sociology of Families and Intimate Lives' (ESA RN13). The editors invited researchers to contribute their papers presented at sociological conferences, and also invited prominent authors who work on corresponding themes.

The book provides readers with novel knowledge on experiences and behaviour strategies of European families during the decade after the global economic crisis at the beginning of the twenty-first century. The research studies provide answers to the questions: how challenges emerging in an economically hard context influenced the way of life of European families? Which known and unusual behaviour strategies are specific to families of various configurations in solving vital issues caused by the latest economic crises? Research results focus on material deprivation, functional solidarity and practices concerning co-residence, sharing of money and food acquisition.

Authors from six countries (Germany, Italy, Lithuania, Spain, Switzerland and the UK) present original research results by developing and applying innovative theoretical and methodical approaches for a deeper understanding of phenomena. The most promising papers that best correspond with the book's aims, and give an integrated vision, are included in the collection. The editors of the book express special gratitude to Benedicte Brahic, Donatella Bramanti, Berit Brandth, Esther Dermott, Jacques-Antoine Gauthier, Detlev Lück and Claude Martin whose valuable comments enabled to significantly improve the quality of the book's content.

The main benefits of the book are the following: the novelty of findings, innovative research approaches and, finally, international dimension in terms of countries represented and compared in the empirical analyses. The editors hope that this edited collection will be a useful reading for researchers, teachers, students, professionals and others who are interested in scientific knowledge on the family in economically hard times.

> Vida Česnuitytė & Gerardo Meil Book editors