

APPENDIX

The following tables which have been referred to in the text do not appear in full in this document but are available online as downloadable supplementary files. The files have been deposited with the University of Stirling's online research data repository, DataSTORRE, and can be accessed using the following permanent link:

<http://hdl.handle.net/11667/125>

S1 TABLE OF GRADINGS

This table provides brief justifications for the quality assessment grade awarded to each included item (High, Medium or Low). These data were recorded by reviewers at the time of completion of the review and evaluation proforma for each item. This table is downloadable. The filename is S1 Table of Gradings.xlsx.

S2 PICO TABLE

This table provides full citations and 'PICO' data (population of interest, population sample; intervention/indicator; comparison group; indication of categories of outcomes of

interest) for studies described in the 173 publications included in and evaluated as part of the review. These data were extracted by reviewers during the review process and recorded on a review proforma. This table is downloadable. The filename is S2 PICO Table.slsx.

S3 TABLE OF ASSESSMENT CRITERIA

This table provides a fuller description of the framework for evaluation used in this review, including the questions used in assessing studies with different research designs and the sources from which those questions were derived. This table is downloadable. The filename is S3 Table of assessment criteria.pdf.