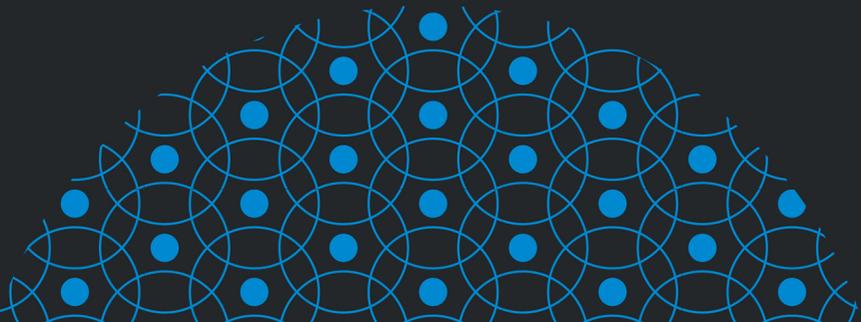


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TRAUMA- RESPONSIVE ORGANISATIONS

The Trauma Ecology Model

DARYL MAHON



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The Trauma Ecology Model

BY

DARYL MAHON

Outcomes Matter, Ireland



United Kingdom – North America – Japan – India
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INVESTOR IN PEOPLE

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BIOGRAPHIES

Daryl Mahon is the lead author of this book. Originally trained as a psychotherapist, he has worked across the health and social care sector as a practitioner, leader and researcher. He currently works in research and lecturers in health and social care, while also completing a doctorate degree as well as delivering national and international training in areas related to psychotherapy outcomes and processes. He has published papers widely in several areas, including servant leadership, psychotherapy outcome research and multicultural practices. At a personal level, he has lived experience of being in various institutes throughout Ireland. These experiences provided him with deep insight into how institutes and organisations, even those purporting to care for people can further harm some of the most vulnerable and marginalised in society.

Martha Griffin is an Expert by Experience, Lecturer in Mental Health and Chair of the Certificate in Peer Support Programme. She is a Peer Educator at the Dublin North, North Recovery College. She is on the project team of the Public Patient Project, which increases the participation in Health and Social Research in Higher Education Research. She has always had an interest in social justice, equality and striving for a better world. In 2001, she completed a Bachelor of Legal Studies and Taxation and found that the legal profession for her was not the right tool to work towards improving society and bringing about change. In 2005, she returned to college and completed H.Dip. in Community and Youth Work. She is passionate about participation, people power and change and a member of INTRA (International Network towards Alternatives and Recovery), on the management committee for the Gateway Mental Health Project, a member of the organising group of the Community Development Network and a member of the Community Work Education Forum.

Ravind Jeawon, MIACP, is a Dublin-based Psychotherapist and the Founder of Talk Therapy Dublin, a service that aims to provide inclusive counselling support to clients experiencing distress. Born in Dublin, the son of an immigrant father and rural Irish mother, he comes from a diverse family background that has exposed him to challenging and enriching experiences around

race, identity and religion. His father, descended from Indian indentured labourers, was forced to emigrate from South Africa during the apartheid era. The consequences of forced migration took a toll on his family and influenced his exposure to substance abuse, marital difficulties and a variety of mental health issues from a young age. His wife also immigrated to Ireland from the Balkans for economic reasons, which included a vulnerable period living undocumented. These experiences have ignited an interest in mental health support from a multicultural perspective. Alongside private practice, he works mentoring students and newly qualified therapists from diverse backgrounds and also provides counselling services to the International Organization for Migration in Ireland linked to their voluntary return programme.

Prior to Psychotherapy, his career background was in business development representing multinational companies such as Nestle, Microsoft and Procter and Gamble. This provided the opportunity to spend time in the United Kingdom, United States, Switzerland and the Republic of Ireland. Cultural themes were often relevant in this work from a commercial perspective. The inequality experienced by people due to the fallout from the global economic crash around 2008 seeded uneasiness with his corporate career, which gradually led to a reorientation and an increasing interest in advocacy. He spent five years as a voluntary youth mentor on behalf of the organisation Foróige, which involved mentoring teenagers who grew up in foster care. His voluntary work also extended to supporting and advocating for individuals brutally affected by the ongoing housing crisis in Ireland. As a Therapist, he continues to advocate for more inclusivity within mental health practice, particularly linked to core trainings and an improvement in multicultural responsiveness from caring professions when providing services to minoritised communities.

Michael Norton is an early career Researcher currently working as a Lecturer in the University College Cork and as a National Engagement and Recovery Lead at the Office of Mental Health Engagement and Recovery within the Irish mental health services. He is currently pursuing M.Sc. in Health Care Management at the Royal College of Surgeons in Ireland and has guest lectured in several universities, including Trinity College Dublin and NUI Galway. His current research activities centre around co-production where he is currently writing a textbook on the application of the concept in mental health service provision. His other research interests include peer support, peer led initiatives, recovery and mental health care across populations.

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